	Monday	**Tuesday**	**Friday**	
7:00-7:30	Wake-Up/ADL/Med Pass	Wake-Up/ADL/Med Pass	Wake-Up/ADL/Med Pass	7:00-7:30
7:30-8:00	Breakfast	Breakfast	Breakfast	7:30-8:00
8:30-9:00	Community	Community	Community	8:30-9:00
9:00-12:30	School	School	School	9:00-12:30
12:30-1:00	Lunch	Lunch	Lunch	12:30-1:00
1:00-3:00	School	School	School	1:00-3:00
3:00-3:10	Snack Break	Snack Break	Snack Break	3:00-3:10
3:10-4:00	Depression Group	Family Issues Group	Self-Esteem Group	3:10-4:00
4:00-5:00	Mindfulness Group	Mindfulness Group	Mindfulness Group	4:00-5:00
5:00-5:30	Dinner	Dinner	Dinner	5:00-5:30
5:30-6:00	Community Room/HMWK	Community Room/HMWK	Community Room/HMWK	5:30-6:00
6:00-6:30	Gym Time	Gym Time	Gym Time	6:00-6:30
6:30-7:00	Unit Group	Unit Group	Unit Group	6:30-7:00
7:00-8:00	ADL/Phone/Incentive	ADL/Phone/Incentive	ADL/Phone/Incentive	7:00-8:00
8:00-8:30	Goal Review	Goal Review	Goal Review	8:00-8:30
8:30-9:00	Quiet Time	Quiet Time	Quiet Time	8:30-9:00
9:00	Lights Out	Lights Out	Lights Out	9:00
		Wednesday	**Thursday**	
	7:00-7:30	Wake-Up/ADL/Med Pass	Wake-Up/ADL/Med Pass	7:00-7:30
	7:30-8:00	Breakfast	Breakfast	7:30-8:00
	8:30-9:00	Community	Community	8:30-9:00
	9:00-11:30	School	School	9:00-11:30
	11:30-12:30	DBT HMWK Review	DBT HMWK Review	11:30-12:30
	12:30-1:00	Lunch	Lunch	12:30-1:00
	1:00-3:00	DBT Group	DBT Group	1:00-3:00
	3:00-3:10	Snack Break	Snack Break	3:00-3:10
	3:10-3:30	Community/HMWK	Community/HMWK	3:10-3:30
	3:30-4:00	Video/Music Therapy	Video/Music Therapy	3:30-4:00
	4:00-5:00	Mindfulness Group	Mindfulness Group	4:00-5:00
	5:00-5:30	Dinner	Dinner	5:00-5:30
	5:30-6:00	Community Room/HMWK	Community Room/HMWK	5:30-6:00
	6:00-6:30	Gym Time	Gym Time	6:00-6:30
	6:30-7:00	Unit Group	Unit Group	6:30-7:00
	7:00-8:00	ADL/Phone/Incentive	ADL/Phone/Incentive	7:00-8:00
	8:00-8:30	Goal Review	Goal Review	8:00-8:30
	8:30-9:00	Quiet Time	Quiet Time	8:30-9:00
	9:00	Lights Out	Lights Out	9:00
	Sunday	**Saturday**		
7:00-7:30	Wake-Up/ADL/Med Pass	Wake-Up/ADL/Med Pass	7:00-7:30	
7:30-8:00	Breakfast	Breakfast	7:30-8:00	
8:30-9:00	Community	Community	8:30-9:00	
9:00-10:00	ADL, Room/Unit Clean Up	ADL, Room/Unit Clean Up	9:00-10:00	
10:00-10:30	Stress Management	Relaxation Exercises	10:00-10:30	
10:30-12:30	Movie Time/Phone Time	Arts and Crafts/Phone Time	10:30-12:30	
12:30-1:00	Lunch	Lunch	12:30-1:00	
1:00-2:00	Nursing Group	Nursing Group or Team Building	1:00-2:00	
2:00-3:00	Gym	Gym	2:00-3:00	
3:00-3:30	Shift Change, Quiet Time, Journal	Shift Change, Quiet Time, Journal	3:00-3:30	
3:30-4:30	Arts and Crafts (Scrap booking)	Movie Time	3:30-4:30	
4:30-5:00	Unit Group	Movie Time	4:30-5:00	
5:00-5:30	Dinner	Dinner	5:00-5:30	
5:30-6:00	Community Romm/HMWK	Community/HMWK	5:30-6:00	
5:30-6:00	Gym	Gym	6:00-6:30	
6:30-7:00	Medication Pass	Medication Pass	6:30-7:00	
7:00-7:20	Medication Watch Goal Review	Medication Watch Goal review	7:00-7:20	
7:20-8:30	Phone Time/Incentive Time	Phone Time/Incentive Time	7:20-8:30	
8:30-9:00	Relaxation Time	Relaxation Time	8:30-9:00	
9:00	Lights Out	Lights Out	9:00	